

## NEVADA STATE COLLEGE

## SCHOOL OF LIBERAL ARTS &amp; SCIENCES

## PSYCHOLOGY (Clinical and Mental Health Specialization), B.A.

## COLLEGE CORE CURRICULUM (31-45 CREDITS)

Unless otherwise noted, please refer to the NSC catalog for full list of core requirements. Note: A single course cannot be used to fulfill both a major and core curriculum requirement. Additionally, a single course cannot fulfill more than one core requirement.

☐ **ENGLISH** **3-8 CREDITS**

NSC students can be placed into English courses by submitting ACT or SAT scores, or by completing the Directed Self Placement questionnaire. Students who complete Composition II will satisfy the Core Curriculum requirement. Typically, students take Composition I during their first semester at the college and Composition II during the second semester.

- ☐ English Composition I (ENG 100, 101, or 116) 3-5  
☐ English Composition II 3

☐ **STUDY AND TECHNOLOGY SKILLS** **0-3 CREDITS**

Transfer students with 30 or more transferrable college credits or students who complete the Nepantla Summer Bridge Program with an average GPA of 3.0 or greater will be able to waive the Study and Technology Skills Core Requirement.

☐ **MATHEMATICS** **3-5 CREDITS**

NSC students can directly self-place into Mathematics, however it is recommended that students place according to their ACT/SAT scores or complete EdReady to better guide their placement. All degree programs require MATH 120 or higher to fulfill the Mathematics Core Curriculum (please see your degree outline for specific course requirements).

☐ **NATURAL SCIENCES** **7-8 CREDITS**

Students are required to take two science courses, at least one of which must include an associated laboratory component.

- ☐ **BIOL 101** + | General Psychology 3  
**OR**  
☐ **BIOL 189\*\*** + | Fundamentals of Life Science 3  
**OR**  
☐ **BIOL 190\*\*** + | Intro to Cell and Molecular Biology 3  
☐ Natural Science Core 3-4

☐ **SOCIAL SCIENCES** **3 CREDITS**☐ **FINE ARTS** **3 CREDITS**☐ **HUMANITIES** **6 CREDITS**

- ☐ Humanities Core 3  
☐ Humanities Core 3

☐ **CONSTITUTION** **3-6 CREDITS**

Completion of US and NV Constitutions required. Complete either one US Constitution course and one NV Constitution course or complete one course that fulfills both US and NV Constitutions (CH 203 or PSC 101).

- ☐ Nevada Constitution 0-3  
☐ United States Constitution 0-3

☐ **CULTURAL DIVERSITY** **3 CREDITS**

For a full breakdown of requirements for the Psychology (Clinical and Mental Health Specialization) major, please refer to accompanying "Major Degree Checklist"

**ADDITIONAL COLLEGE REQUIREMENTS (6 CREDITS)****MAJOR REQUIREMENTS (48-49 CREDITS)****ADDITIONAL GENERAL ELECTIVES (20-35 CREDITS)****TOTAL CREDITS FOR DEGREE (120 CREDITS)**

☒ Check box when requirement is satisfied

\*\*Indicates a prerequisite and/or corequisite is required. Please refer to the catalog or speak to an advisor about these requirements.

This sample degree checklist is a planning tool intended for the current academic year. Each student's situation is unique and your degree may differ from the sample presented here. It is recommended that current NS students review the Academic Requirements report in their Student Center to monitor progress toward their degree and graduation requirements. It is also strongly recommended that you meet regularly with your Academic Advisor to verify degree progression.



SCAN HERE FOR MORE  
INFORMATION ON THE COLLEGE  
CORE CURRICULUM INCLUDING A  
FULL LIST OF ELIGIBLE COURSES

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## PSYCHOLOGY (Clinical and Mental Health Specialization), B.A.

All courses used to fulfill major requirements must be completed with a minimum C-. Grades below a C- carry no credit towards major requirements.

## ADDITIONAL COLLEGE REQUIREMENTS (6 CREDITS)

Social Sciences (6 Credits): 1) ANTH 101 or SOC 101 AND 2) For the Additional Social Science course, choose a different prefix from the core social science course above. Another Social Science Course: ANTH, COM (except 101 or 250), COU, CRJ (except 301 or 302), ECON (except 261 or 262), PSC, SOC (except 210 or 240), WMST

- |                                   |                                |   |
|-----------------------------------|--------------------------------|---|
| <input type="checkbox"/> ANTH 101 | Intro to Cultural Anthropology | 3 |
| <input type="checkbox"/> OR       |                                |   |
| <input type="checkbox"/> SOC 101  | Principles of Sociology        | 3 |
| <input type="checkbox"/> Elective | Additional Social Science      | 3 |

## MAJOR REQUIREMENTS (48-49 CREDITS)

## INTRODUCTORY COURSE 3 CREDITS

- |                                  |                    |   |
|----------------------------------|--------------------|---|
| <input type="checkbox"/> PSY 101 | General Psychology | 3 |
|----------------------------------|--------------------|---|

## METHODS 6 CREDITS

NOTE: Methods courses are only offered as in-person courses. These courses should be completed by the end of a student's sophomore year.

- |                                    |                              |   |
|------------------------------------|------------------------------|---|
| <input type="checkbox"/> PSY 210** | Intro to Statistical Methods | 3 |
| <input type="checkbox"/> PSY 240** | Intro to Research Methods    | 3 |

## FOUNDATIONS AND PRINCIPLES 12 CREDITS

Choose four courses. Two courses must be selected from Group I and two courses must be selected from Group II.

- |                              |                 |   |
|------------------------------|-----------------|---|
| <input type="checkbox"/> PSY | PSY Subgroup I  | 3 |
| <input type="checkbox"/> PSY | PSY Subgroup I  | 3 |
| <input type="checkbox"/> PSY | PSY Subgroup II | 3 |
| <input type="checkbox"/> PSY | PSY Subgroup II | 3 |

## SUBGROUP 1

Choose at least two courses from the following:

- |                                    |                           |   |
|------------------------------------|---------------------------|---|
| <input type="checkbox"/> PSY 305** | Foundations of Perception | 3 |
| <input type="checkbox"/> PSY 416** | Cognitive Psychology      | 3 |
| <input type="checkbox"/> PSY 420** | Psychology of Learning    | 3 |

## SUBGROUP 2

Choose at least two courses from the following:

- |                                    |                                  |   |
|------------------------------------|----------------------------------|---|
| <input type="checkbox"/> PSY 201   | Lifespan Development             | 3 |
| <input type="checkbox"/> PSY 360** | Foundations of Social Psychology | 3 |
| <input type="checkbox"/> PSY 435** | Personality                      | 3 |

## APPLIED METHODS AND SPECIFIC POPULATIONS 6 CREDITS

Choose two from the following:

- |                                    |  |   |
|------------------------------------|--|---|
| <input type="checkbox"/> COU 320** | Drugs and Behavior                     | 3 |
| <input type="checkbox"/> PSY 307** | Principles of Educational Psychology   | 3 |
| <input type="checkbox"/> PSY 450** | Industrial & Organizational Psychology | 3 |
| <input type="checkbox"/> PSY 466** | Psychology of Sex                      | 3 |
| <input type="checkbox"/> PSY 468** | Psychology of Inequality               | 3 |
| <input type="checkbox"/> PSY 469** | Psychology and the Legal System        | 3 |
| <input type="checkbox"/> PSY 470** | Health Psychology                      | 3 |
| <input type="checkbox"/> PSY 481** | Principles of Psychological Assessment | 3 |

## DIRECT LEARNING 3-4 CREDITS

Choose one of the following (NOTE: All Direct Learning course options are only offered as in-person courses during Fall and Spring semesters.):

- |                                    |                                 |     |
|------------------------------------|---------------------------------|-----|
| <input type="checkbox"/> PSY       | PSY Direct Learning             | 3-4 |
| <input type="checkbox"/> PSY 375** | Advanced Undergraduate Research | 3   |

Students design their own empirical study, collect data from participants, and analyze and report their findings in an original research paper and conference-style poster. This option is best suited for those applying to research-oriented graduate programs.

- |                                    |                        |   |
|------------------------------------|------------------------|---|
| <input type="checkbox"/> PSY 490** | Capstone in Psychology | 3 |
|------------------------------------|------------------------|---|

Students conduct an extensive literature review on a topic of their choice and synthesize their findings in an original research paper and final presentation. This option is best suited for those wanting to build their professional skills for future employment.

- |                                    |                             |   |
|------------------------------------|-----------------------------|---|
| <input type="checkbox"/> PSY 497** | Supervised Field Experience | 4 |
|------------------------------------|-----------------------------|---|

Students complete 140 hours of undergraduate field experience (internship) in settings that provide direct clinical services; they also attend class weekly to review theory, discuss ethics, and provide group supervision. This option is best suited for those applying to clinically-oriented graduate programs.

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☒ Check box when requirement is satisfied

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SCAN HERE FOR MORE PROGRAM  
INFORMATION INCLUDING  
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## PSYCHOLOGY (Clinical and Mental Health Specialization), B.A.

*In the Clinical and Mental Health (CMH) specialization, you will gain a specialized understanding of psychopathology and evidence-based psychotherapeutic approaches. This specialization is a good option for students who want to work in clinical settings as a therapist or counselor.*

## CLINICAL AND MENTAL HEALTH SPECIALIZATION 18 CREDITS

- |                                    |                                    |   |
|------------------------------------|------------------------------------|---|
| <input type="checkbox"/> PSY 303** | Foundations of Neuroscience        | 3 |
| <input type="checkbox"/> PSY 341** | Foundations of Abnormal Psychology | 3 |

Select four classes from any of the following; three courses must have a PSY prefix:

- |                                    |  |   |
|------------------------------------|--|---|
| <input type="checkbox"/> COU 300** | Intro to Human Services and Counseling | 3 |
| <input type="checkbox"/> COU 315** | Counseling Skills in Human Services    | 3 |
| <input type="checkbox"/> COU 320** | Drugs and Behavior                     | 3 |
| <input type="checkbox"/> CRJ 463** | Victimology                            | 3 |
| <input type="checkbox"/> PSY 360** | Foundations of Social Psychology       | 3 |
| <input type="checkbox"/> PSY 412** | Motivation and Emotion                 | 3 |
| <input type="checkbox"/> PSY 416** | Cognitive Psychology                   | 3 |
| <input type="checkbox"/> PSY 420** | Psychology of Learning                 | 3 |
| <input type="checkbox"/> PSY 435** | Personality                            | 3 |
| <input type="checkbox"/> PSY 452** | Psychology of Trauma                   | 3 |
| <input type="checkbox"/> PSY 453** | Psychology of Anxiety Disorders        | 3 |
| <input type="checkbox"/> PSY 470** | Health Psychology                      | 3 |
| <input type="checkbox"/> PSY 481** | Principles of Psychological Assessment | 3 |
| <input type="checkbox"/> SOC 449** | Sex and Social Arrangements            | 3 |
| <input type="checkbox"/> SOC 466** | Sociology of Medicine                  | 3 |
| <input type="checkbox"/> SOC 471** | Racial and Ethnic Relations in America | 3 |

## TOTAL CREDITS FOR DEGREE (120 CREDITS)

CONSIDER ADDING A MINOR TO COMPLEMENT YOUR DEGREE.  
THE FOLLOWING MINORS PAIR WELL WITH THE PSYCHOLOGY  
CLINICAL AND MENTAL HEALTH SPECIALIZATION BA

- Counseling
- Gender & Sexuality
- Interdisciplinary Data Science
- School-Based Mental Health
- Sociology
- Social Justice

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*SCHOOL OF LIBERAL ARTS & SCIENCES*

**PSYCHOLOGY (Clinical and Mental Health Specialization), B.A.**

*Summary of credit requirements for the Bachelor of Arts in Psychology (Clinical and Mental Health Specialization)*

- ## STUDENT NOTES

[illegible]